



Itsutsu-no-Kata Notizen

Württembergischer Judoverband e.V.

in Kooperation mit:

Jiu-Jitsu traditionell e.V.

verfasst von Jacques Cosson, Kata-Referent



Itsutsu-no-Kata Notizen



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2. Nihon me Eige (fallen durch Aufsaugen)

A musical staff with a treble clef and a key signature of one flat (B-flat). The staff contains the following notes: G4 (quarter), F4 (quarter), E4 (quarter), D4 (quarter), C4 (half), D4 (quarter), E4 (quarter), F4 (quarter), G4 (quarter), A4 (quarter), Bb4 (quarter), C5 (quarter), Bb4 (quarter), A4 (quarter), G4 (quarter), F4 (quarter), E4 (quarter), D4 (quarter), C4 (half).

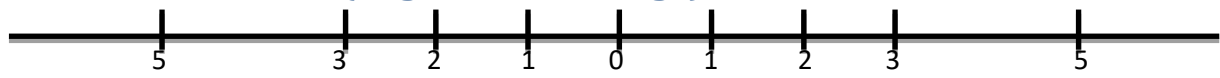
Below the staff are 20 horizontal dotted lines for writing notes.



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4. Yonhon me Roin (Zug des Meerswoege)



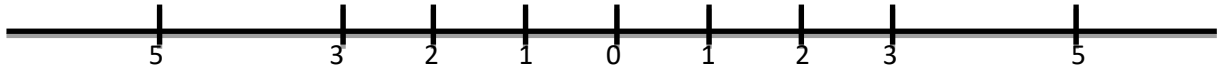
A series of horizontal dotted lines for taking notes.



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Abgrüßen



A series of horizontal dotted lines for taking notes.